

You can get healthcare for you and your family

with a Simplyhealth Plan



Would you like:



Face-to-face check-ups or appointments,

for your eyes, for your teeth, or even a physio session

A Video GP service that is available anytime

Where 99% of our customers are offered appointments within 3 hours*

*Source: Square Health Analytics Report 02.06.2021





Access to a counsellor to have that important chat 24/7?

Would you like to get money back towards these healthcare costs?

Then you're in the right place! Our health plans give you the ability to claim money back towards the costs of health treatments as well as access virtual services 24/7, to help fit in with your lifestyle.

The app centre

Virtual services play an important part in our plans to enable all customers to reach the help they need every day, from the comfort of their homes. We want you to enjoy the benefits of good health, for the long term with Simplyhealth. Find out how our apps can help you.

We are, all together healthier.



With the SimplyConsult app, not only can you have a video call with a qualified GP, you can also order and manage your repeat NHS prescriptions - delivery is free of charge. It's really straightforward and hassle free.

All you need to do is:

- Register using your Simplyhealth details and complete your medical profile
- Select "Video GP" under Health Services, then choose a day and time that suits you
- You'll receive a text reminder 15 minutes before your appointment, and a 30 second countdown. To start your appointment, you just log into the App. When the "join" button turns purple, tap it to begin
- 4 After your appointment, you can view your notes in the app





The plan

Take a look at what our plan has to offer you. You can choose from a selection of levels so that you receive the right cover for you.

Just to let you know. This product meets the needs of someone who would benefit from support with everyday healthcare costs each year, such as routine dental check-ups and treatment; routine eye examinations and prescription eyewear; physiotherapy treatments; counselling service and access to a GP from the comfort of your own home.

Monthly premiums

Level 1

You **£14.67**

You and your partner £27.08

Up to four children **£1.50**

Level 2

You **£19.12**

You and your partner £32.08

Up to four children **£1.50**

Level 3

You **£23.64**

You and your partner **£41.68**

Up to four children **£1.50**

Level 4

You **£29.89**

You and your partner **£56.40**

Up to four children **£1.50**

Level 5

You **£47.94**

You and your partner

£80.09

Up to four children **£1.50**

And there's more

Along with the apps and your benefits you also get access to our myWellbeing portal:



Telephone counselling

You can speak to a qualified counsellor over the phone for support and advice. 24 hours a day, 7 days a week.



Wellbeing and lifestyle guidance

24/7 support over the telephone, covering everything from legal and financial challenges to wellbeing and relationship issues.

What's included?

V	Annual limit for each person					
Your benefits	Payback level	Level 1	Level 2	Level 3	Level 4	Level 5
Dental Includes check-ups and treatment, for example fillings, crowns and bridges, hygienist fees, dentures	100% of your receipt up to your annual limit	£100	£120	£160	£190	£280
Dental accident (3 month qualifying period) Treatment to help return your oral heath to its pre-accident state		£100	£250	£500	£750	£1000
Optical Includes sight tests, prescription glasses and contact lenses		£100	£120	£160	£190	£280
Physiotherapy, osteopathy, chiropractic, acupuncture You can use your annual limit for one or all of these treatments	50% of your receipt up to your annual limit	£295	£345	£420	£520	£770
Chiropody / podiatry, homeopathy and reflexology Includes treatment and assessments, for example gait analysis, by a chiropodist or podiatrist as well as homeopathy and reflexology		£100	£125	£150	£200	£300
Diagnostic consultation Consultant's fees for a diagnostic consultation that is to find or help to find the cause of your symptoms. Includes allergy testing		£175	£200	£260	£320	£525
X-rays and scans Consultant referred X-rays and scans (this does not include CT, MRI or PET scans)		£75	£90	£110	£250	£370
Health assessment Helps towards the costs of a detailed assessment of your health with a nurse, doctor or pharmacist. The benefit is not available to children		£100	£125	£150	£200	£300
Hospital admission Cash amount when you are admitted to hospital	For each day / night (max 20 each year)	Adult £20	Adult £20	Adult £20	Adult £20	Adult £20
		Child £14	Child £18	Child £20	Child £20	Child £20
Medical apparel (maximum two items each policy year) Helps towards the costs of items that you need to wear for medical reasons	50% of your receipt up to your annual limit	£250	£300	£400	£500	£750
Prescription charges Access to a private prescription delivery service when prescribed using 'Speak to a GP'. (Charges will apply)	100% of your receipt up to your annual limit	£8.60	£17.20	£25.80	£34.40	£43.00
Redundancy premium protection (12 month qualifying period) We will cover the premiums for a maximum of 6 months in the event the policyholder is made redundant and subsequently unemployed		0	0	0	0	•
New child payment (12 month qualifying period) One payment for each child if you or your partner have a baby or adopt		£175	£200	£250	£325	£450

How the plan works



Attend your healthcare or dental appointment and pay as usual



Upload your receipt and submit your claim online



Sit back, and wait for the payment to appear in your bank account

typically payment is made within 3 days



SimplyPlan

by Simplyhealth

With the SimplyPlan app you can streamline the admin for your health plan into one place.



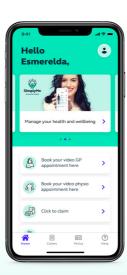
Fast and easy claiming process. With the ability to track its progress



A place to manage your contact information, benefit entitlements and view your policy documentation



If you need any information about the benefits available to you as a plan holder, this is the place to go





To find out more

Contact our support team on: 0330 102 5325 consumersales@simplyhealth.co.uk





Part of these services are provided by a Third Party Supplier.

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