

Brushing chart

Give yourself a tick or a sticker if you manage to brush for two minutes each time!

	Wee	ek 1		ek 2		ek 3	ek 4
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							
Sunday							
Reward							
		V	Vrite a	reward	d in the	e box to	

Write a reward in the box to work towards each week!