



The healthcare your people deserve

Employee Health Plan



A photograph of two men, likely construction workers, wearing orange high-visibility safety vests. They are both smiling broadly, showing their teeth. The man on the right is in the foreground, looking towards the camera, while the man on the left is slightly behind him, looking towards the right. The background is blurred, showing what appears to be a construction site with various equipment and structures.

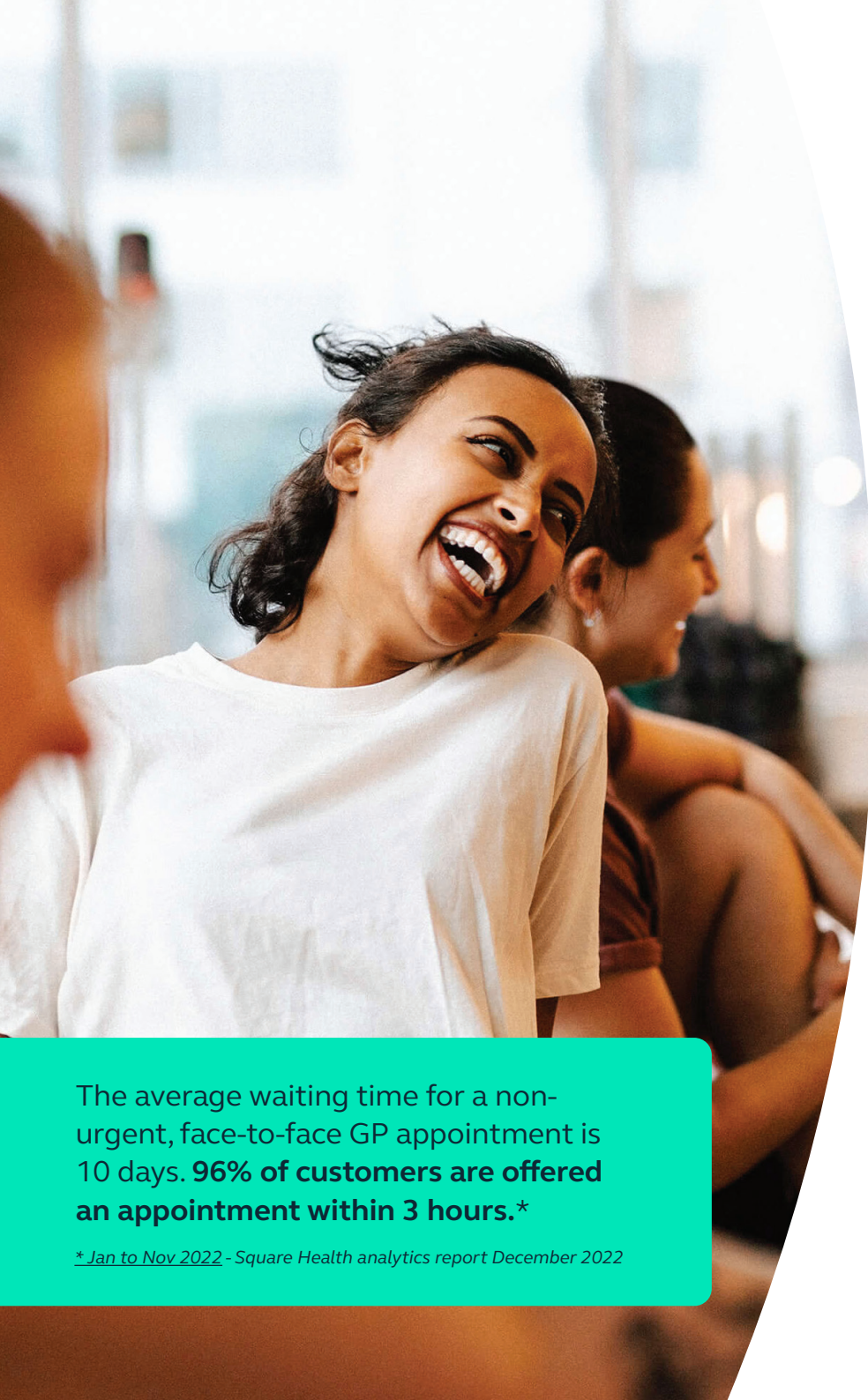
2.6 million people

Better access to healthcare, for everyone

At Simplyhealth, we believe in improving access to healthcare, because no-one should go without.

The reality is that sometimes the health services, that should support us all, don't work. With our health plan, your people will get the healthcare that we all deserve.

2.6 million people across the UK access affordable health solutions provided by Simplyhealth Group.



What real healthcare looks like **for your people**

Your people shouldn't have to wait weeks to speak to a healthcare professional, get the help they need, or just get a little peace of mind.

With our health plan, your people have a set of services and tools that mean they get seen, get healthy and get rewarded.

Get seen

- 24/7 access to a doctor or counsellor
- Claim back costs towards dental check-ups, eye tests, physios, and more
- Money back towards appointments with a consultant, plus tests and scans, to help your employees find out what's wrong

Get healthy

- From prescriptions to fillings, acupuncture to a new pair of specs, your employees can claim towards treatment costs
- Fast and easy claims, online or in our app, with no excess to pay

Get rewarded

- Discounts and offers on big brands that benefit both body and mind
- Includes discounts such as gym memberships, spa breaks, and more

The average waiting time for a non-urgent, face-to-face GP appointment is 10 days. **96% of customers are offered an appointment within 3 hours.***

* Jan to Nov 2022 - Square Health analytics report December 2022

Essential healthcare at your employees' fingertips

Imagine a GP consultation or a conversation with a counsellor that's just a tap or a click away.

Your employees can look after their health and happiness by using our modern, digital healthcare service – all part of their health plan.

With the SimplyConsult app you can:

- ✓ Book a video appointment with a GP at a time that suits them, this includes day and night!
- ✓ View GP and physiotherapist profiles, and choose who they'd like to speak to. They can also access their notes from previous appointments
- ✓ Book a video consultation with a physiotherapist*
- ✓ Order and pay (if applicable) for their NHS repeat prescriptions
- ✓ Access myWellbeing, where they'll find information on our counselling and advice services

Our apps are available to download from:



* Video physiotherapy assessments available Mon-Fri 8am-7pm, Sat 10am-1pm, closed Sundays and bank holidays.

A man with a beard and curly hair is sitting on a staircase. He is wearing a plaid shirt over a grey t-shirt and shorts. He is holding a smartphone to his ear with his right hand and a laptop on his lap with his left hand. The staircase has a white railing. The background is slightly blurred, showing more of the stairs and a wall.

Confidential and unlimited support

Our confidential counselling and advice service is available 24/7, ready to help when your employees need someone to talk to.

Help your people through life's tougher moments

Whether they're not feeling quite right or are experiencing low mood, dealing with relationship difficulties or struggles with anxiety - whatever it is, the right support can help.

We know that taking the first step is often the hardest. That's why we make it as quick as possible for your employees to speak with someone. Our health plan provides confidential access to mental health professionals who are ready to help – your people won't be waiting weeks to get started.

The advice your people need

From life's little things, like contesting a parking ticket, to life's bigger moments, like buying a house or arranging power of attorney, your employees can talk to supportive legal and financial professionals – unlimited and confidential support, whenever it's needed.

Our apps are available to download from:



Getting and staying healthy

Your employees needn't worry about the cost of healthcare with a Simplyhealth plan in place.

Claiming back is as easy as 1, 2, 3

Whether it's a trip to the opticians for new prescription specs, or a check up at the dentist (NHS or private), your people can get healthy and get money back towards their treatment.

They can easily claim through the SimplyPlan app. Once the claim is approved, your employee will get their money back within 5 working days. They can also check their benefit entitlements in SimplyPlan, including what can be claimed for and what their limits are.

Get rewarded

Looking after yourself should feel good. With our health plan, your people get a massive range of discounts and rewards.

From gym memberships and fitness trackers to spa breaks and experience days, our offers are updated regularly. Our rewards are about enjoying life, not hitting a target, and your employees have access to all our rewards through the SimplyPlan app.

Our apps are available to download from:



[SPABREAKS.COM](https://www.spabreaks.com)



What real healthcare means **for your business**

Over recent years, we've all become more aware of the importance of our everyday health and wellbeing.

Your employees have likely experienced prolonged wait times to get seen. They might also have been put off by the costs of accessing private healthcare.

Let our health plan help you put your employees first, delivering on your commitment to keep them healthy and happy, both at work and at home.

✓ **Improve business performance**

Feeling good in yourself helps you feel good at work. By helping your team stay mentally and physically fit, you improve business performance*

✓ **Reduce employee absence**

Doctors' appointments don't always fit around the reality of working life. We give your employees access to a 24/7 video GP, as well as physiotherapist assessments at convenient times, helping them reduce absences

✓ **Attract and retain talent**

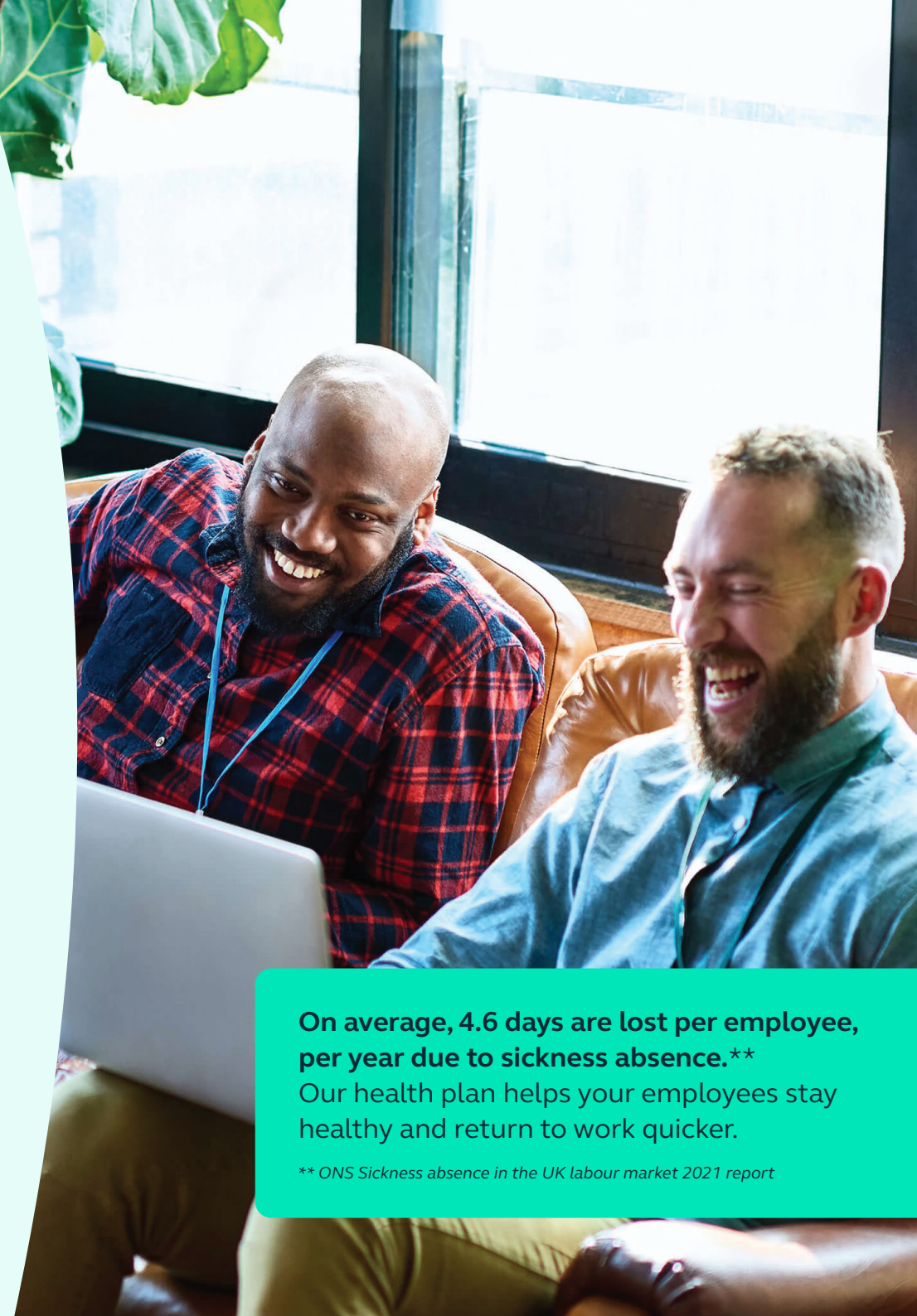
As the cost of living goes up, the ability to claim healthcare costs back is a valued benefit – making your company more attractive to recruits and helping you retain talent

* CIPD/Simplyhealth Report on Health and Wellbeing at Work, April 2022

On average, 4.6 days are lost per employee, per year due to sickness absence.**

Our health plan helps your employees stay healthy and return to work quicker.

** ONS Sickness absence in the UK labour market 2021 report





Protecting the planet

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Caring for ourselves and each other starts with caring for the world we live in.

We're the first UK health insurer to be awarded B Corp status in line with our mission and values, recognising our commitments to our employees, our customers, our communities, and the environment.

Supporting you every step of the way

We're committed to helping you and your team get the most out of your health plan.

✓ **Client management**

From day one, our client management team are here to help. That means getting you set up and making sure your people are benefiting from the plan straight away. They'll help you engage your employees and continue to work with you to make sure the plan is delivering healthcare for your people

✓ **Management information**

We'll help you to understand the performance of your health plan. We'll work together to figure out your employees' needs, providing updates that mean you can keep things moving in the right direction*

✓ **Marketing support**

We'll provide you with materials to get your people engaged with and using your plan. That includes access to our hubs, where you can find marketing assets and helpful resources

* Available to groups above 10 employees.



Best 'Health Insurance
Innovator' 2021



Best Internal
Communications 2021



Caring for communities

We're a purpose driven company and don't have shareholders. We reinvest our profits into helping those most in need of support with their health, working with communities and donating to charitable partners.



Making a real difference for your employees

In challenging times, feeling supported can have a massive impact on your day-to-day experience at work.

Find out how our health plan has helped to drive the health and wellbeing agenda for one of our clients.



Maria Mallaband
Countrywide

Maria Mallaband Care Group (MMCG) are one of the UK's largest independent care providers. For 25 years they have provided the highest quality care for the people that live with them.

In the early part of 2022, MMCG embarked on a journey to improve their colleagues' wellbeing. They upgraded their healthcare provision with Simplyhealth, to ensure all colleagues benefited from higher levels of cover.

Since then, MMCG has seen a downward trend in both labour turnover and absence rates. Simplyhealth's healthcare provision has also supported recruitment and has contributed to the refreshed brand experience for new joiners.



The Simplyhealth plan helps us to deliver our purpose – to be a positive inspiration and influence for the people we work with, live with and support.

We believe investing in our colleagues through an enhanced Simplyhealth plan will go some way to helping them with the cost-of-living increases being faced, as well as looking after their health and wellbeing.

The Simplyhealth plan is a fantastic way to truly support the lives of our colleagues and their families.”

Farouk Mangera , Director of HR Operations

Maria Mallaband Care Group

September 2022

Optimise Health Plan

with dental cover

Cost shouldn't be a barrier to good health, and with the Optimise Health Plan it doesn't have to be.

This product meets the needs of a business that wants its employees to benefit from support with everyday healthcare costs each year like routine dental check-ups and treatment; routine eye examinations and prescription eyewear; physiotherapy treatments; 24/7 access to a GP and counselling services.

- All benefits are 100% payback
- Amounts shown can be claimed back each year
- Covered children will share each annual benefit entitlement

** Information on how to access these services is available via our myWellbeing platform. Additional services are also available. Up to four children under the age of 24 can be covered for free.*

	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Healthy eyes and teeth						
Sight tests, glasses and contact lenses	£60	£75	£100	£125	£175	£250
Everyday dental treatment – hygienist’s fees, fillings and more	£60	£75	£100	£125	£175	£250
Dental treatment needed as a result of an accident	£200	£300	£400	£450	£500	£600
Healthy body						
Seeing a Chiropractor, Osteopath, Physiotherapist or Acupuncturist	£150	£200	£250	£275	£350	£500
Seeing a Chiropodist, Podiatrist or Reflexologist	£25	£50	£75	£75	£100	£150
Discounted gym membership*	✓	✓	✓	✓	✓	✓
Healthy mind						
Helpline service, including telephone counselling, with the option to upgrade to six face-to-face counselling sessions*	24 hours a day / 7 days a week					
Healthy checks						
Finding out what’s wrong – appointments with a consultant, plus tests and scans, including, but not limited to, GP referred blood tests	£250	£300	£400	£450	£500	£600
A health assessment that includes: BMI and body fat percentage, blood pressure reading, cholesterol or diabetes check	£50	£100	£250	£300	£350	£500
Seeing a GP, a dietitian for a consultation, or having an inoculation/vaccination by a GP or nurse	£75	£75	£75	£75	£75	£75
Prescription charges	£15	£20	£25	£30	£30	£35
Speak to a GP 24 hours a day, 7 days a week, through our app or via telephone. Our apps are available to download via the App Store or Google Play Store.*	24 hours a day / 7 days a week					
Access to a private prescription delivery service when prescribed through our GP service. (Charges apply)*	✓	✓	✓	✓	✓	✓
Healthy extras						
Cash amount for each day or night to help towards everyday expenses if you need to stay in hospital (up to 20 days/nights)	£20	£20	£20	£20	£20	£20
Single cash amount if you have a baby or adopt a child (6 month qualifying period)	£200	£200	£200	£200	£200	£200
Worldwide cover - you’ll be covered wherever you are in the world (excluding face-to-face counselling which is UK, Channel Islands and IOM only)	✓	✓	✓	✓	✓	✓

Is this product right for you?

To ensure this product is suitable for your company's needs, please answer the following questions:

Do you want to support and encourage your employees to look after their everyday healthcare?

Yes

☐

No

☐

Do you want your employees to be able to claim back towards the costs of everyday healthcare appointments like dental examinations and treatment; eye examinations and prescription eyewear; physiotherapy treatments?

Yes

☐

No

☐

Do you want your employees to have 24/7 access to arrange to speak to a GP or counsellor?

Yes

☐

No

☐

If you have answered 'No' to all of these questions above this product may not be suitable for your needs. Please check the full policy documentation to make sure this product will meet your needs before completing your application. Simplyhealth do not provide advice or recommendations.



Coming on board with Simplyhealth

Get started in 5 easy steps.

Think there's a lengthy, complex process to get your health plan up and running? Not with Simplyhealth!

- 1 Complete, sign and return the documentation provided
- 2 Our client management team will get in touch to support you
- 3 We'll activate your scheme
- 4 A welcome communication will be sent to your employees
- 5 Your employees will get access to our apps and start benefiting from your health plan



Get in touch

If you have any questions about what you've read, we're happy to help.

Direct:

0300 100 1188

team@simplyhealth.co.uk

Intermediary:

0330 102 5337

intermediary.team@simplyhealth.co.uk

Lines are open 8am to 6pm, Monday to Friday. Or visit simplyhealth.co.uk



Part of these services are provided by a Third Party Supplier

Simplyhealth is a trading name of Simplyhealth Access, which is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Simplyhealth Access is registered and incorporated in England and Wales, registered no. 183035. Registered office: Hambleden House, Waterloo Court, Andover, Hampshire, SP10 1LQ.

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